

Life Coaching Service

Weekly Drop-ins

Are you aged 13-18 and looking to make some positive changes in your life?

The Life Coaching Service are a team of youth workers employed by Leeds City Council. We support young people, who may struggle with: Poor mental health, having issues at home, difficulties attending school or college.

Contact one of our Life Coaches below to discuss how we can help you.

Tuesday: Merrion City centre community hub 3-5pm:

Melissa: 07891 279539 - Charleah: 07354 165593

Tuesday: Seacroft Community Hub: 3-5pm

Alice: 07891 277529 - Carol: 07598 065239

Wednesday: Armley community hub 4-6pm:

Peter 07891 276972 - Fatima: 07885 499809

Wednesday: Compton Centre community hub 4-6pm:

Maria: 07566 759762 - Michelle: 07598 065240

Thursday: Dewsbury Rd community hub 3-5pm:

Leanne: 07519 275808 - Kieran: 07595 218146

Candice - 07562 439622



For any queries contact Life.Coaching@Leeds.gov.uk
Courtney Eyre: 07891 273596 or Leah Dyer: 07891 276104



LIFECOACHINGSERVICE